



PreK-12 BIT Basics Certification Course

Day 1

Early AM (typically 8:30-10am)

CARE Team Foundations

- What is BIT and Threat Assessment
- Review three phases of BIT (data gathering, analysis, intervention)
- Marketing and advertising the team
- Who should be on the team? Team membership, formation, membership and mission
- Discussion of team scope (current students, parents, peers, staff/faculty)
- Limits of information sharing under state confidentiality law
- Meeting length and content
- How to create a yearly training schedule
- The importance of using the conduct process to address behavior

Early AM (typically 10:15-12:00)

Review of Tools

- The use of a research-based risk rubric to guide interventions and reduce legal risk
- Threat assessment vs. psychological assessment
- New online versions of NaBITA threat assessment tool and VRAW²
- Detailed review of the NaBITA threat assessment Tool with case examples
- Discussion of where to use the VRAW², ERIS and SIVRA-35

Early PM (typically 1:00-2:30)

Practical Application

- Five case examples to demonstrate team process and use of tools
- Suicide, Aspergers/ASD, Written Threats/social media, Aggressive behaviors, Extreme mental health behaviors (psychosis/bi-polar)

Late PM (typically 2:45-4:30)

Option 1: Bias awareness and Microaggression

- Discussion of how bias impacts team communication, assessment and training
- Review of common forms of bias and how to mitigate
- Discussion of microaggressions and how to educate the community

Option 2: Three Prong Approach

- **Prong 1:** Classroom community building, resiliency and grit

- **Prong 2:** Crisis De-Escalation: Review of disruptive and dangerous behaviors, knowing thyself and keeping calm, cool and collected, building a Rapport and Bridge of connection, Motivational Interviewing techniques, Prochaska, Norcross and Diclemente Transtheoretical Change Theory, Covey and 7 Habits, Glasser and Reality Therapy, Ellis and REBT
- **Prong 3:** Importance of team referrals after acute crisis management

Day 2

Early AM (typically 8:30-10am)

CARE Team Next Steps

- Review of team formation, mission and process
- Review of three phase process (data gathering, risk rubric, intervention)
- Detailed discussion of team advertising
- Assessment of team, development of end of the year report
- Addressing team bias and blind spots; parental and community involvement

Early AM (typically 10:15-12:00)

Option 2.1: Violence Risk Assessment of Written Word (VRAW²)

- Five factors to assessment written threats, concerning creative fiction and emails
- Case review and application of scoring for VRAW²

Option 2.2: Extremist Intervention Risk Scale (ERIS)

- Discussion of terrorism, radicalization and extremism as it relates to threat
- Review of protective, risk and mobilization factors; scoring approach to ERIS

Option 2.3: Introduction to the SIVRA-35

- Review 35 risk factors for targeted violence
- Discussion of how to score the SIVRA-35

Early PM (typically 1:00-2:30)

Option 3.1 SIVRA-35 Video Demonstration

- SIVRA-35 video demonstration (Stacie and Dustin)
- Application of scoring

Option 3.1: Social Media and Threat Assessment

- Developing a “goldilocks” approach to social media threats
- Building capacity to search for keywords and monitoring
- Detailed case examples of social media threat

Late PM (typically 2:45-4:30)

Option 4.1: Case management and Intervention Essentials

- Review of case management as a position and philosophy
- Building rapport, staying solution focused and goal directed
- Essential qualities counseling techniques
- Case examples to include academic challenges, suicide and threat

Option 4.1: Team Documentation

- Addressing the importance of documentation
- Developing consistency through a scribe or training
- Qualities of a good note and bad note
- Developing a quality assurance program