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## Abstract

NaBITa recently published the Core Q<sup>10</sup>, an approach to assessing the effectiveness and efficacy of Behavioral Intervention Teams through a systematic, quantitative process. During the development of the Core Q<sup>10</sup>, four universities applied the approach to their team and share some of their initial reactions in this article. Five questions were asked of each school and their responses make up the following article.

These questions were:

1. How did your school approach the Core Q<sup>10</sup> assessment?
2. What was the general time it took to complete a Core Q<sup>10</sup> assessment of your team?
3. What are some of the suggestions you might offer others who are applying the Core Q<sup>10</sup> assessment to their school?
4. Were there any areas that you were able to target for improvement of your existing BIT?
5. How helpful was the quantitative scoring compared to simply reviewing the categories outlined in the Core Q<sup>10</sup>?

## Author Note

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The whitepaper describing the Core Q 10 approach is available under the resources link at [www.nabita.org](http://www.nabita.org).