

NaBITA THREAT ASSESSMENT TOOL

HARM TO SELF MENTAL & BEHAVIORAL HEALTH, "THE D-SCALE"

OVERALL & GENERALIZED RISK RUBRIC

HARM TO OTHERS NINE LEVELS OF HOSTILITY AND VIOLENCE

DYSREGULATION/DECOMPENSATION

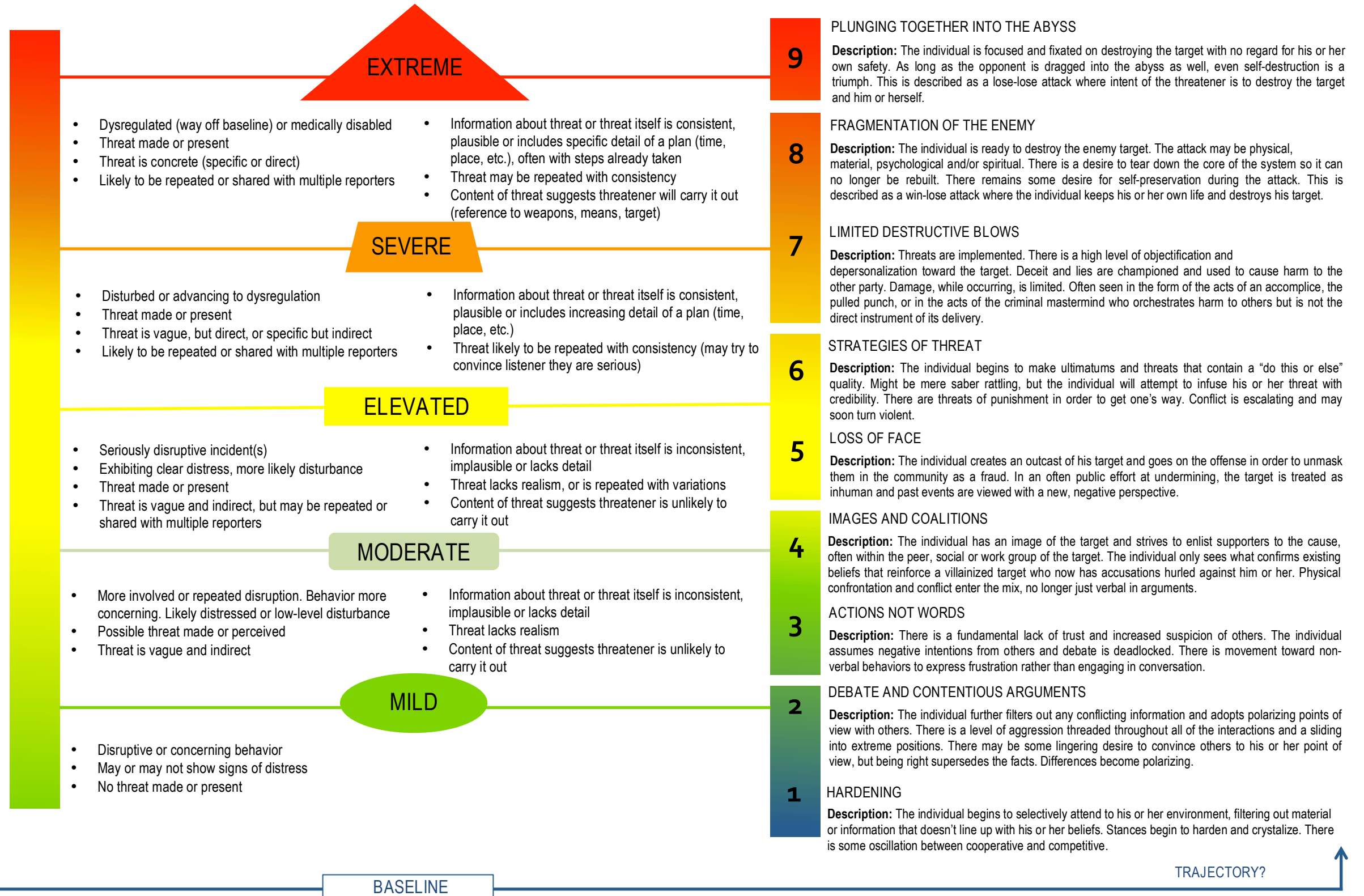
- ▲ Acutely suicidal (thoughts, feelings, expressed intentions and ideations)
- ▲ Para-suicidal (extreme self-injurious behavior, eating disorder, personality disorder) at life-threatening levels
- ▲ Engaging in risk taking behaviors (e.g. substance abusing)
- ▲ Hostile, aggressive, relationally abusive
- ▲ Deficient in skills that regulate emotion, cognition, self, behavior and relationships
- ▲ Profoundly disturbed, detached view of reality
- ▲ Unable to care for themselves (poor self care/ protection/judgment)
- ▲ At risk of grievous injury or death without intent to self-harm
- ▲ Often seen in psychotic breaks

DISTURBANCE

- Increasingly disruptive or concerning behavior, unusual and/or bizarre acting
- May be destructive, apparently harmful or threatening to others
- Substance misuse and abuse; self-medication; erratic medication compliance

DISTRESS

- Emotionally troubled (e.g. depressed, manic, unstable)
- Individuals impacted by situational stressors and traumatic events that cause disruption or concern
- May be psychiatrically symptomatic if not coping/adapting to stressors/trauma
- Behavior may subside when stressor is removed or trauma is addressed/processed



TRAJECTORY?

BASELINE

TRAJECTORY?

**INTERVENTION TOOLS TO ADDRESS RISK
AS CLASSIFIED**

EXTREME RISK

- Possible confrontation by reporter
- Parental/guardian notification obligatory unless contraindicated
- Evaluate emergency notification to others
- No behavioral contracts
- Interim suspension or paid/unpaid leave if applicable
- Possible liaison with local police to compare red flags
- Too serious for mandated assessment
- Evaluate for medical/psychological transport
- Evaluate for custodial hold
- Initiate voluntary/involuntary medical withdrawal
- Law enforcement response
- Consider eligibility for involuntary commitment

SEVERE RISK

- Possible confrontation by reporter
- Parental/guardian notification obligatory unless contraindicated
- Evaluate emergency notification to others (FERPA/HIPAA/Clery)
- No behavioral contracts
- Recommend interim suspension or paid/unpaid leave
- Possible liaison with local police to compare red flags
- Deploy mandated assessment
- Evaluate for medical/psychological transport
- Evaluate for custodial hold
- Consider voluntary/involuntary medical withdrawal
- Direct threat eligible
- Law enforcement response
- Consider eligibility for involuntary commitment
- SIVRA-35 or other violence risk assessment

ELEVATED RISK

- Meeting/mandated referral by reporter
- Evaluate parental/guardian notification
- Obtain and assess medical/educational and other records
- Consider interim suspension if applicable
- Evaluate for disability services and/or medical referral
- Consider referral or mandated assessment
- SIVRA-35 or other violence risk assessment

MODERATE RISK

- Meeting/soft referral by reporter
- Behavioral contract or treatment plan with student (if at all, only for low-level concerns)
- Student conduct or HR response
- Evaluate for disability services and/or medical referral
- Conflict management, mediation (not if physical/violent), problem-solving

MILD RISK

- Meeting/soft referral by reporter
- Behavioral contract or treatment plan with student or employee (if at all, only for low-level concerns)
- Student conduct or HR response
- Evaluate for disability services and/or medical referral
- Conflict management, mediation, problem-solving

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