



## **Non-Clinical Assessment of Suicide Training & Certification Course Sample Agenda**

### **Description:**

Participants in this course will learn how to triage risk related to suicide using the Non-Clinical Assessment of Suicide Tool (NAS). The NAS relies on research-based risk and protective factors to help non-clinical professionals triage the overall risk for suicide an individual poses. The instructors in this course will provide an overview of how to identify an individual who may be experiencing suicidal ideation, strategies for asking about suicide in a one-on-one appointment, and in-depth teaching of the NAS as a suicide assessment tool. Additionally, participants will learn how to make an effective referral to clinical mental health services and deploy appropriate interventions based on the level of risk assessed using the NAS.

### **Learning Outcomes:**

After completing this training, participants will be able to...

- Identify an individual who may be experiencing suicidal ideation
- Recognize common risk and protective factors for suicide
- Administer the NAS in an interview through narrative, structured questions with individuals exhibiting a range of concerning behaviors related to suicide
- Make an effective referral to clinical mental health services
- Deploy appropriate interventions based on the level of risk assessed using the NAS

## **Agenda 10:00 AM – 5:00 PM**

### **Introduction and Overview**

- Non-Clinical vs. Clinical
- Definitions
- Mental Health and Suicide Data
- Recognizing and Assessing Suicidal Ideation

### **NAS Overview**

- Questions
- Scoring/Report
- Video Demonstration

## **Responding to Non-Suicidal Self Injury and Suicidal Ideation**

- Making Appropriate Referrals
- Mental Health Treatment Options
- Safety Planning
- Strategies for Reducing Risk and Increasing Protective Factors

## **Case Study Application**

- Assess and develop interventions for one to five case studies

Note: The day will include one morning and one afternoon break (approximately 15 minutes each) and a one-hour lunch break. Training start and end times for in-person events are determined by the host site. All virtual training sessions take place from 10 AM – 5 PM ET unless otherwise specified.