

NABITA Case Management Advanced Interventions Training & Certification Course Sample Agenda

Description:

Building on the Case Management Standards and Best Practices course, participants learn how to work 1:1 with students to address presenting issues, reduce risk, and increase safety. The course will deliver an overview of high-impact case management practices, as well as focus on the application of case management techniques with specific presenting issues.

Using an interactive format, participants will watch video demonstrations of case management services in action and engage in discussion with the presenters and fellow participants regarding the skills and techniques demonstrated in the video.

Learning Outcomes:

Participants will...

- Gain knowledge regarding high impact intervention techniques.
- Apply case management to specialized and underserved populations
- Learn strategies for reducing risk and distress for specific presenting issues
- Be able to conduct a non-clinical assessment of suicide

Day One 10:00 AM – 5:00 PM

Case Management Overview

- Case Management Overview
- Case Management, Interventions, and the BIT

Helping Skills Foundations

- Building Rapport
- Active Listening
- Reflection
- Reframing
- Asking Good Questions

High Impact Intervention Techniques

- Transtheoretical Change Theory
- De-escalation Techniques
- Harm Reduction Techniques

Day Two 10:00 AM – 5:00 PM

Intervention Action Plan

- Gathering Holistic Information
- Action Plan Overview
- Common Elements/Goals in an Action Plan

Action Plans in Action

- Self-Harm
- Suicidality
- Disordered Eating Behaviors
- Poor Boundaries/Interpersonal Challenges
- Threatening or Aggressive Speech
- Alcohol or Other Drug Use

Note: Each day will include one morning and one afternoon break (approximately 15 minutes each) and a one-hour lunch break. Training start and end times for in-person events are determined by the host site. All virtual training sessions take place from 10 AM – 5 PM ET unless otherwise specified.