

Case Management & Intervention Certification Course

DAY ONE

FOUNDATIONS AND SKILL BUILDING

Early Morning: Introduction

- Intervention and management as a function of BIT
- Overview of case management philosophy, rapport building, outlining scope and limits up front

Late Morning

- Crisis Management and De-Escalation Skills

* * * **Lunch** * * *

Early Afternoon: Practical applications for intervention and management

- Change theory
- Harm reduction
- Solution-focused approach
- 2:45pm to 3:00pm – Break
- 3:00pm to 4:30pm – Practical skill training
- Motivational interviewing techniques
- Avoiding traps

DAY TWO

APPLICATION AND PRACTICE

Early Morning

- Addressing Harm to Self: QPR, SPRC Guidelines and Management Techniques

Late Morning

- Addressing harm to others: risk factors and management techniques

* * * **Lunch** * * *

Early Afternoon

- Working with students with mental health and substance abuse problems

Late Afternoon

- Documentation, communication with other departments and management of crisis/non-compliance

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Dangerousness and violence, from a student, faculty, or staff member is difficult - if not impossible - to accurately predict. This training topic offers research-based techniques and theories to provide a foundational understanding and improved awareness of the potential risk. The training should not be seen as a guarantee or offer any assurance that violence will be prevented.